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The invention relates to the agriculture, namely, to plant-growing and may be used for increasing the frost-resistance of winter wheat.

Summary of the invention consists in the presowing seed treatment with a water solution of powder-like material, obtained of cereal seed germs in concentration of 200...600 mg/L at the total seed expense of 0.3...0.6 kg/t.

The result of invention consists in physiologic processes optimization.