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The invention relates to the food industry and sanocreatology, namely to a biologically active food additive with antioxidant and adaptogenic activity.

The additive, according to the invention, comprises, in mass %: dry extract of amaranth seeds 12, dry extract of common wormwood leaves 10, dry extract of dihydroquercetin 8, dry extract of walnut peel 9, dry extract of dandelion root 7, dry extract of griffonia seeds 7, dry extract of snakeweed root 11, dry extract of rhodiola root 15, dry extract of basil herb 10, dry extract of sage leaves 6 and dry extract of rosemary herb 5.

Claims: 1