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The invention relates to the food industry, namely to a process for preparing a vegetable sponge cake based on legume cooking water.

The process, according to the invention, comprises beating the chickpea or lentil, or soybean cooking water with sugar, adding an emulsion of said cooking water and a liposoluble sea buckthorn or rosehip, or hawthorn extract, beating the mixture until a stable foam is obtained, adding foam to a mixture of prime wheat flour and baking powder, mixing, pouring the resulting dough into a baking dish and baking it.

Claims: 1